**Shannon Pilsworth  - Technologies, Business, & Arts Officer**

Hello everyone! My name is Shannon Pilsworth, and I am officially re-running for the second time to be the University of Suffolk’s Technology, Business, & Arts Officer, after a second very successful term in the role! As I believe my continued devotion and dedication to this role will not only benefit me and my confidence, but the confidence and lives of other students at the university.

Over my past two years as one of your officers, I’ve hosted a well received refreshers event last year (The Anti-Valentines day party) and am currently planning some more interesting events for the following year! So stay tuned to find out more!!

Being the T.B.A officer over the last few years has really opened my horizons to what was possible, which has included making sure that the students from the school of Technology, Business, & Arts, and any students that come to me are properly represented and heard.

**Listening and taking on ideas**

This has been a form one for me ever since I started my first  term as T.B.A officer, and I still believe in it to this day. I still have this strong belief that listening and taking on the ideas of the students in your school cohort, is a marvellous thing to be able to do, and one that I hope to strengthen and promote if I am voted in for a third term. As before, I am here if you need to talk about your particular course, about anything personal, or anything else that comes to mind, I am here for you all, whether it be big or small.

**Being Open**

As a build off from point 1, I believe that my ability to be open and willing to fight for change that students want to see is a very reasonable trait to have as an officer, but also the ability to be open to change if things don’t go exactly your way, because this show development and a willingness to adapt, which I Strongly believe will help me in my third time running.

***Change***

Change again has developed since the last time I was writing this manifesto. With the ongoing cost of living crisis, seeing the change not just me, but many officers and Uni officials have put into making sure students are supported during this difficult time is truly tremendous! If you have something that you think needs to be changed, do not hesitate to get in contact with me, I am here to help you feel more able to talk about things, and all that I want as your officer is for you as a student to feel comfortable!

and remember: Support for all students, not just in Suffolk, but across the country!!